

Let it Be to Me According to Your Word (Luke 1:26-38)

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Guidelines: Protect confidentiality and follow the leader's prompts

Lectio Divina Rhythms/Process (Repeat three times):

- (a) Read the Scripture passage ("Lectio")
- (b) Reflect on the focus question below ("Meditatio")
- (c) Respond in quiet prayer/journaling ("Oratio")
- (d) Rest in God's invitation for you then pray/share out loud if you want ("Contemplatio")

Introduction: Mary's prayer of submission received the incarnation of the Son of God into her womb and our world. It was a miracle! It was the coming of God's kingdom. When we offer Mary's prayer we step into the Kingdom of the Heavens. It's a prayer that enables us to participate in life from above -- every day.

Opening Prayer: "Let it be to me... According to your word" (Luke 1:38, NKJV).

Read Scripture: Luke 1 (NIV84)

26In the sixth month, God sent the angel Gabriel to Nazareth, a town in Galilee, 27to a virgin pledged to be married to a man named Joseph, a descendant of David. The virgin's name was Mary. 28The angel went to her and said, "Greetings, you who are highly favored! The Lord is with you."

29Mary was greatly troubled at his words and wondered what kind of greeting this might be. 30But the angel said to her, "Do not be afraid, Mary, you have found favor with God. 31You will be with child and give birth to a son, and you are to give him the name Jesus. 32He will be great and will be called the Son of the Most High. The Lord God will give him the throne of his father David, 33and he will reign over the house of Jacob forever; his kingdom will never end."

34"How will this be," Mary asked the angel, "since I am a virgin?"

35The angel answered, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you. So the holy one to be born will be called[a] the Son of God. 36Even Elizabeth your relative is going to have a child in her old age, and she who was said to be barren is in her sixth month. 37For nothing is impossible with God."

38"I am the Lord's servant," Mary answered. "May it be to me as you have said." Then the angel left her.

1st Reading: What is one word or phrase the Holy Spirit impresses on you? Meditate on that.

2nd Reading: Enter into the Scripture passage. What do you feel? What specific situation in your life today relates? Write down a prayer or pray quietly.

3rd Reading: What is God's personal invitation for you from the Scripture? You can write down what God may be saying to you or a prayer of thanks. Or rest quietly in God.