

Longing for God
Psalm 63: Lectio Divina Guide
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Guidelines: Protect confidentiality and follow the leader's prompts

Lectio Divina Rhythms/Process (Repeat three times):

- (a) Read the Scripture passage ("Lectio")
- (b) Reflect on the focus question below ("Meditatio")
- (c) Respond in quiet prayer/journaling ("Oratio")
- (d) Rest in God's invitation for you then pray/share out loud if you want ("Contemplatio")

Introduction: Psalm 63 is a Psalm of Devotion. David prayed it when he was in the wilderness of Judah, perhaps when he fled for his life during his son Absalom's treason. In the desert he longs for God and finds satisfaction in him.

Opening Prayer: "Your love, O Jesus... Is better than life" (Inspired by Psalm 63:3).

Read Scripture: Psalm 63 (NIV84)

A psalm of David. When he was in the desert of Judah.

1 O God, you are my God, earnestly I seek you; my soul thirsts for you, my body longs for you, in a dry and weary land where there is no water.

2 I have seen you in the sanctuary and beheld your power and your glory. 3 Because your love is better than life, my lips will glorify you. 4 I will praise you as long as I live, and in your name I will lift up my hands. 5 My soul will be satisfied as with the richest of foods; with singing lips my mouth will praise you.

6 On my bed I remember you; I think of you through the watches of the night. 7 Because you are my help, I sing in the shadow of your wings. 8 My soul clings to you; your right hand upholds me.

9 They who seek my life will be destroyed; they will go down to the depths of the earth. 10 They will be given over to the sword and become food for jackals.

11 But the king will rejoice in God; all who swear by God's name will praise him, while the mouths of liars will be silenced.

1st Reading: What is one word or phrase the Holy Spirit impresses on you? Meditate on that.

2nd Reading: Enter into the Scripture passage. What do you feel? What specific situation in your life today relates? Write down a prayer or pray quietly.

3rd Reading: What is God's personal invitation for you from the Scripture? You can write down what God may be saying to you or a prayer of thanks. Or rest quietly in God.