

# Coming to Life in the Kingdom of God

## John 3:1-15: Lectio Divina Guide

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**Guidelines:** Protect confidentiality and follow the leader's prompts

### Lectio Divina Rhythms/Process (Repeat three times):

- (a) Read the Scripture passage ("Lectio")
- (b) Reflect on the focus question below ("Meditatio")
- (c) Respond in quiet prayer/journaling ("Oratio")
- (d) Rest in God's invitation for you then pray/share out loud if you want ("Contemplatio")

**Introduction:** It's early in Jesus' ministry and he's been in Jerusalem celebrating the Passover, where he drove out from the temple the price-gouging businessmen. He's been teaching his gospel and healing people. The common people are thrilled with Jesus! The religious leaders are angry, except for Nicodemus who is secretly drawn to Jesus.

**Opening Prayer:** "I live by the Spirit... Not my flesh. // I live in God's kingdom... Not my circumstances." (Inspired by John 3:3-6; Romans 8:13; Galatians 5:16).

### Read Scripture: John 3 (NIV84)

1 Now there was a man of the Pharisees named Nicodemus, a member of the Jewish ruling council.  
2 He came to Jesus at night and said, "Rabbi, we know you are a teacher who has come from God. For no one could perform the miraculous signs you are doing if God were not with him."

3 In reply Jesus declared, "I tell you the truth, no one can see the kingdom of God unless he is born from above."

4 "How can a man be born when he is old?" Nicodemus asked. "Surely he cannot enter a second time into his mother's womb to be born!"

5 Jesus answered, "I tell you the truth, no one can enter the kingdom of God unless he is born of water and the Spirit. 6 Flesh gives birth to flesh, but the Spirit gives birth to spirit. 7 You should not be surprised at my saying, 'You must be born from above.' 8 The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit."

9 "How can this be?" Nicodemus asked.

10 "You are Israel's teacher," said Jesus, "and do you not understand these things? 11 I tell you the truth, we speak of what we know, and we testify to what we have seen, but still you people do not accept our testimony. 12 I have spoken to you of earthly things and you do not believe; how then will you believe if I speak of heavenly things? 13 No one has ever gone into heaven except the one who came from heaven —the Son of Man who is in heaven. 14 Just as Moses lifted up the snake in the desert, so the Son of Man must be lifted up, 15 that everyone who believes in him may have eternal life.

**1<sup>st</sup> Reading:** What is one word or phrase the Holy Spirit impresses on you? Meditate on that.

**2<sup>nd</sup> Reading:** Enter into the Scripture passage. What do you feel? What specific situation in your life today relates? Write down a prayer or pray quietly.

**3<sup>rd</sup> Reading:** What is God's personal invitation for you from the Scripture? You can write down what God may be saying to you or a prayer of thanks. Or rest quietly in God.